

CALMON SYRUP

SUPPORTS BONES, MUSCLES & IMMUNE HEALTH

Information for the prescriber, nutritionist, pharmacist and Patient.

Please read the leaf insert carefully before use. This leaf insert is continually updated for the betterment of human health.

COMPOSITION:

Each 5 mL contains:

- Calcium Carbonate 300 mg (Eq. to Elemental Calcium (BP))..... 120 mg
- Magnesium Sulphate (BP).....50 mg
- Zinc Sulphate (BP)18.50 mg
- Vitamin – D3 (BP) 200 IU

CALMON is an ideal combination, source of Calcium, Zinc, Magnesium and Vitamin D3. **CALMON** helps in improving absorption of calcium in bones, regenerates the quality of Cartilage in joints and relieve pain also.

SUPPLEMENTAL FACTS:

Calcium: Calcium is a mineral that is an essential part of bones and teeth. Since birth, throughout life, calcium helps in maintaining circulatory, nervous, skeletal, muscular, digestive and reproductive health. Orthocar helps to prevent the low calcium levels in the body and to build and maintain strong bones, muscles, teeth and skeleton.

Vitamin D3: Vitamin D3 play role in helping the body to absorb calcium, minerals and phosphorus from the food which is important for bone health. Calcium and Vitamin d3 together increase bone density.

Zinc: Zinc is an essential trace element required for bone formation. It acts as a cofactor for enzymes that are involved in protein and nucleic acid synthesis, and is known to play an important role in the bone remodeling cycle.

Magnesium: Magnesium is an essential part of bones and makes teeth harder. Magnesium is essential for absorption and metabolism of calcium. It is necessary for the conversion of vitamin D into its active form.

DOSAGE:

- Adults-----1 tablespoon twice a day.
- 1-12 years-----½ tablespoon twice a day.
- Or as prescribed by the prescriber, nutritionist or pharmacist.

CONTRAINDICATIONS:

CALMON should not be used if you are allergic to any of its ingredients.

INTERACTIONS:

Avoid taking an Antacid within 2 hours before or after you take calcium and vitamin D combination. Some Antacid can make it harder for body to absorb the calcium and vitamin D combination.

Tell prescriber, nutritionist or pharmacist about all the drugs, vitamins, and herbal supplements you are using, so he/she can help to manage drug interactions.

PREGNANCY AND LACTATION:

Check with your prescriber, nutritionist or pharmacist for advice before taking CALMON.

SIDE EFFECTS:

CALMON is safe when taken by mouth in recommended amount. Mild or transient Constipation or stomach upset may occur.

PRECAUTIONS:

- Protect from direct sunlight.
- **SHAKE WELL BEFORE USE**
- Do not refrigerate

STORAGE CONDITIONS:

- Store in a cool and dry place and avoid excessive heat.
- Keep out of reach of children.

PRESENTATION:

120 mL bottle per unit box with a leaflet in the box.



For further details, please do not hesitate, contact us;
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'Home for nutrition', Salbion Health Sciences (Pvt.) Ltd. ensure quality of Nutraceutical / Herbal products for human health and works on Research & Development for the betterment of human health.